

## Attachment A – Quick Glance of Grant Activities and Potential Associated Costs

### Wellness Coordinator Responsibilities/Associated Costs:

|   | <b>Quantity<br/>(Two-year<br/>grant<br/>period)</b>                                   | <b>External In-<br/>State LEA<br/>Travel<br/>(\$/mile)</b> | <b>Internal<br/>LEA<br/>Travel<br/>(\$/mile)</b> | <b>Additional Costs</b>  | <b>Material<br/>at No-Cost</b>                                  |
|---|---|--|--|--|---|
| 1–day Initial Subaward Training<br>(before Wellness Coordinator is<br>hired/delegated)  | 1   | X  |  |  |   |
| 2–day training for Wellness<br>Coordinator Awardees   | 1   | X  |  |  |   |
| Quarterly meetings at ADE 3300<br>N. Central  | 6   | X  |  |  |   |
| 2-day Team Up for School<br>Nutrition workshop (act as<br>mentor)   | 1   | X  |  |  |   |
| Coordinate data collection in<br>cafeteria with <i>at least</i> 50<br>students once per semester  | 4/each site   | X  | X  | <b>Printing Costs:</b><br>KAN-Q<br>(sheet*8 sheets)<br>(# per site *2<br>semesters*2 years)  |   |
| Coordinate data collection in<br>classrooms 3x year (at least one<br>5 <sup>th</sup> grade classroom per school<br>will be chosen at random)  | 6/each site<br>with 5 <sup>th</sup><br>grade  |  | X  | <b>Printing Costs:</b><br>(sheet*12 sheets)<br>FFVP diaries (#<br>children per 5 <sup>th</sup> grade<br>classroom *sites * 3<br>times a year *2 years) |   |
| Direct nutrition education to all<br>4 <sup>th</sup> and 5 <sup>th</sup> grade classrooms   | 6 lessons/<br>each<br>site/each 4 <sup>th</sup><br>and 5 <sup>th</sup> grade<br>class |  | X  | <b>Printing Costs:</b><br>(\$/sheet)<br>other nutrition<br>education lesson<br>materials to<br>complement TN<br>Materials                              | Serving Up<br>MyPlate<br>levels 2&3                             |
| Hang up Team Nutrition Posters<br>once per semester   | 4/each site   |  | X  |  | 4 sets of<br>Team<br>Nutrition<br>posters                       |
| Nutrition education materials<br>sent home to parents, back to<br>school nights, open houses.<br>Includes TN back to school<br>resources, nutrition tips and<br>recipes in school newsletters,<br>links to recipes and activities<br>posted on district webpage and<br>nutrition information sent home<br>with school meal apps | As often as<br>possible   |  | X (at<br>open<br>houses)                         | <b>Printing Costs:</b><br>(\$/sheet)<br>(\$/pamphlet)<br>materials<br>(# of parents)   | Team<br>Nutrition<br>Back to<br>School<br>Resources             |
| Staff meetings on LWP,<br>nutrition standards, competitive<br>foods, connection between<br>nutrition, PA and learning.<br>Materials: Guide to Smart<br>Snacks, LWP Outreach Toolkit   | 4/each site   |  | X  | <b>Printing Costs:</b><br>(\$/sheet)<br>(\$/pamphlet)<br>handouts/agendas<br>(# of staff*4 meetings)   | Guide to<br>Smart<br>Snacks in<br>Schools,<br>Local<br>Wellness |

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|  |             |   |   |  | Policy Outreach Toolkit                        |
|--|-------------|---|---|--|--|
| Train school nutrition staff in conducting food demos and taste tests using recipes from Recipes for Healthy Kids. Training will prepare school nutrition staff to conduct taste tests with students and families. | 1/each site |   | X | <b>Food Costs</b><br>(\$/attendee)<br><b>Printing Costs:</b><br>(\$/sheet)<br>Handouts and taste testing rubrics<br><b>Pay for staff time</b><br>(\$/hour/staff) | Recipes for Healthy Kids: Cookbook for Schools |
| Train school nutrition staff about Smarter Lunchrooms at each participating site   | 1/each site |   | X | <b>Printing Costs:</b><br>Handouts (\$/sheet)<br><b>Pay for staff time</b><br>(\$/hour/staff)  |  |
| Monitor Smarter Lunchroom card has been completed by each participating site + review developed plans for how the site will implement the identified strategies.   | 1/each site |   | X | <b>Printing Costs:</b><br>(\$/sheet*1 sheet)<br>Smarter Lunchroom Scorecard  |  |
| Implement smarter lunchroom activities (minimum 10)  | 1/each site |   | X | <b>Smarter Lunchroom items:</b><br>(\$ per strategy)<br>Pay for items to fulfill selected strategies (i.e. Bowls)  |  |
| Attend culinary trainings hosted by ADE for wellness coordinator and staff   | 2           | X |   | <b>Pay for staff time</b><br>(\$/hour/staff)   |  |
| Add 3 new vegetable subgroup recipes to menu   | 1/each site |   |   |  |  |
| Conduct taste tests with students + evaluation of the Kids Food Critic activity  | 4/each site |   | X | <b>Printing Costs:</b><br>(\$/sheet*1 sheet)<br>The Kids Food Critic   |  |
| Culinary training at each site where school nutrition staff share school recipes and train families in how to prepare food. Items prepared will mirror new vegetable subgroup recipes                              | 1/each site |   | X | <b>Food Costs</b><br>(\$/attendee)<br><b>Pay for staff time</b><br>(\$/hour/staff)<br><b>Printing Costs:</b><br>(\$/sheet)<br>Recipe handouts                    |  |
| Put on health fairs at each participating site   | 2/each site |   | X | Materials for Health Fair (\$)<br>To include community marketing, flyer,   |  |

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|                                      |   |  |   |  |                                    |
|--------------------------------------|---|--|---|--|------------------------------------|
|                                      |   |  |   | nutrition education handouts   |                                    |
| Monitoring and implementation of LWP | Monitoring must be completed at each site |  | X | <b>Printing Costs:</b><br>(\$/sheet)<br>Activity and Assessment Tool<br><br><b>LWP Activity Costs:</b><br>(\$)<br>Depending on activities selected for each site | ADE's Activity and Assessment Tool |